

AIRWAY HEIGHTS RECREATION CENTER

FALL/WINTER 2026 AQUATICS SCHEDULE (SEP-DEC)

	MON / WED	TUE / THU	FRIDAY	SATURDAY	SUNDAY
LAP POOL <i>Vandals, Masters and Ducks Swim Team Will be using the selected Lanes</i>	LAP SWIM: <i>At least 2 Lanes will always be open for lap swimming.</i>				
	Lap Swim 6:00AM-8:30PM	Lap Swim 6:00AM-8:30PM	Lap Swim 6:00AM-8:30PM	Lap Swim 9:00AM-6:30PM	Lap Swim 9:00AM-6:30PM
	Water Exercise Deep Water (Ln5&6) 6:15AM-7:15AM	Water Exercise Deep Water (Ln5&6) 6:15AM-7:15AM	Water Exercise Deep Water (Ln5&6) 6:15AM-7:15AM	Swim Lessons 9:00AM - 11:30AM	
	Masters Swim Team (Ln2-4) 12:00PM-1:00PM	Masters Swim Team (Ln1-3) 6:00PM-7:00PM	Masters Swim Team (Ln2-4) 12:00PM-1:00PM	Open Swim (Ln5&6) 12:00PM-6:30PM	Open Swim (Ln5&6) 12:00PM-6:30PM
	Open Swim (Ln5&6) 1:00PM-5:30PM	Open Swim (Ln5&6) 12:00PM-4:30PM	Open Swim (Ln5&6) 1:00PM-8:30PM	*Areas of the Rec Pool may be reduced or closed during Swim Lesson times.	
	Ducks Swim Team (Ln1-4) 5:30PM-7:00PM	Vandals Swim Team (Ln5&6) 4:30PM-6:15PM			
REC POOL <i>Warm Water Therapy (WWT) & Lazy River (LR)</i>	Leisure Swim 6:00AM - 9:00AM	Leisure Swim 6:00AM - 9:00AM	Leisure Swim 6:00AM - 9:00AM	Open Swim 12:00PM - 8:30PM	Leisure Swim 9:00AM - 11:00AM
	Water Exercise Rivercise (LR) Mon only 9:00AM - 9:30AM	Water Exercise Rivercise (LR) Mon only 9:00AM - 9:30AM	Water Exercise Rivercise (LR) Mon only 9:00AM - 9:30AM	Swim Lessons 9:00AM - 11:30AM	Water Exercise Shallow Water (WWT) 9:30AM - 10:00AM
	Shallow Water (WWT)* 10:00AM - 11:00AM	Shallow Water (WWT)* 10:00AM - 11:00AM	Shallow Water (WWT)* 10:00AM - 11:00AM	Parent & Tot 9:00AM - 11:30AM	Rivercise (LR) 10:00AM - 11:00AM
	Open Swim 12:00PM - 8:30PM	Open Swim 12:00PM - 8:30PM	Open Swim 12:00PM - 8:30PM	*Areas of the Rec Pool may be reduced or closed during Swim Lesson times.	Open Swim 11:30AM - 6:30PM
	Swim Lessons (WWT) 4:00PM-6:30PM				
Spray N' Play	12:00PM - 3:00PM 6:30PM - 8:00PM	12:00PM - 3:00PM 6:30PM - 8:00PM	12:00PM - 3:00PM 6:30PM - 8:00PM	11:30AM - 2:30PM 3:00PM - 6:00PM	11:30AM - 2:30PM 3:00PM - 6:00PM
SPA & SAUNA	6:00AM - 8:30PM	6:00AM - 8:30PM	6:00AM - 8:30PM	9:00AM - 6:30PM	9:00AM - 6:30PM

Schedule is subject to changes. Aquatics Center closes 30 minutes prior to facility closure.

Visit www.airwayheightsparksandrec.org/aquatics/ for Aquatics program information.