

AIRWAY HEIGHTS RECREATION CENTER

WINTER/SPRING 2026 AQUATICS SCHEDULE (JAN-APR)

	MON / WED	TUE / THU	FRIDAY	SATURDAY	SUNDAY
LAP POOL	LAP SWIM: At least 2 Lanes will be open for lap swimming at all times.				
	LAP SWIM 6:00AM-8:30PM WATER EXERCISE Deep Water (Lanes 5&6) 6:15AM-7:15AM Water X Combo (Wed Only) 1:00-1:30PM OPEN SWIM (Lanes 5&6) 12:00-4:00PM 7:30-8:30PM SWIM LESSONS (Lanes 5&6) 4:00-7:30PM	LAP SWIM 6:00AM-8:30PM WATER EXERCISE Deep Water (Lanes 5&6) 6:15-7:15AM OPEN SWIM (Lanes 5&6) 12:00-8:30PM SWIM LESSONS (Lanes 1&2) 4:00-7:00PM	LAP SWIM 6:00AM-8:30PM WATER EXERCISE Deep Water (Lanes 5&6) 6:15AM-7:15AM OPEN SWIM (Lanes 4-6) 12:00-8:30PM	LAP SWIM 9:00AM-6:30PM OPEN SWIM (Lanes 5&6) 12:00PM-6:30PM SWIM LESSONS (Lanes 5&6) 9:00AM-12:00PM *Areas of the Lap Pool may be reduced or closed during Swim Lesson times.	LAP SWIM 9:00AM-6:30PM OPEN SWIM (Lanes 5&6) 12:00-6:30PM
REC POOL Warm Water Therapy (WWT) & Lazy River (LR) * Shallow Water may be moved to Lap Pool during M-Th Swim Lesson times.	LEISURE SWIM 6:00 - 9:00AM WATER EXERCISE Rivercise (LR) Mon only 9:00 - 9:30AM Shallow Water (WWT)* 10:00 - 11:00AM OPEN SWIM 12:00 - 8:30PM SWIM LESSONS (WWT) 4:00-7:00PM	LEISURE SWIM 6:00 - 9:00AM WATER EXERCISE Shallow Water (WWT) 8:30 - 9:00AM OPEN SWIM 12:00 - 8:30PM SWIM LESSONS (WWT) 4:00-7:00PM	LEISURE SWIM 6:00AM - 12:00PM WATER EXERCISE Rivercise (LR) 9:00AM - 9:30AM Shallow Water (WWT) 10:00AM - 11:00AM OPEN SWIM 12:00PM - 8:30PM	OPEN SWIM 9:00AM - 6:30PM SWIM LESSONS (WWT) 9:00AM - 11:00AM *Areas of the Rec Pool may be reduced or closed during Swim Lesson times.	LEISURE SWIM 9:00 - 11:00AM WATER EXERCISE Shallow Water (WWT) 9:30 - 10:00AM Rivercise (LR) 10:00 - 11:00AM OPEN SWIM 11:30AM - 6:30PM
Spray N' Play Includes Lazy River features.	12:00 - 3:00PM 6:30 - 8:00PM	12:00 - 3:00PM 6:30 - 8:00PM	12:00 - 3:00PM 4:30 - 8:30PM	11:30AM - 2:30PM 3:00 - 6:00PM	11:30AM - 2:30PM 3:00 - 6:00PM
SPA & SAUNA	6:00AM - 8:30PM	6:00AM - 8:30PM	6:00AM - 8:30PM	9:00AM - 6:30PM	9:00AM - 6:30PM

Schedule is subject to changes. Aquatics Center closes 30 minutes prior to facility closure.

Visit www.airwayheightsparksandrec.org/aquatics/ for Aquatics program information.