

## **AIRWAY HEIGHTS RECREATION CENTER**

GYM SCHEDULE FALL/WINTER (SEPTEMBER-OCTOBER)

Gym Schedule is subject to change.

MONDAY	TUESDAY	WEDNESDAY	THRUSDAY	FRIDAY	SATURDAY	SUNDAY
			NORTH COURT			
Open Gym 6:00-8:00am 10:00am-9:00pm BASEx 8:30-9:30am	Open Gym 6:00-9:30am 1:00-4:00pm 5:00-9:00pm Silver & Strong 10:00am-11:00AM Drop-In Pickleball 11:00am-1:00pm	Open Gym 6:00-8:00am 1:00pm-9:00pm  BASEx 8:30-9:30am  Drop-In Pickleball 11:00am-1:00pm	Open Gym 6:00-9:30am 1:00-9:00pm Silver & Strong 10:00am-11:00AM Drop-In Pickleball 11:00am-1:00pm	Open Gym 6:00-8:00am 10:00am-5:00pm  BASEx 8:30-9:30am  Adult Drop In Volleyball 5:30-8:30pm	BOOT CAMP 9:00-11:00am Open Gym 11:00am-7:00pm	<b>Open Gym</b> 9:00am-7:00pm
			SOUTH COURT			
Open Gym 6:00am-4:30pm 6:30pm-9:00pm Youth Volleyball 5:00-6:00pm	Open Gym 6:00-9:30am 1:00-4:30pm 7:30-9:00pm Silver & Strong 10:00am-11:00AM Drop-In Pickleball 11:00am-1:00pm Youth Volleyball 5:00-7:00pm	Open Gym 6:00am-10:00am 1:00-4:30pm 6:30pm-9:00pm  Drop-In Pickleball 11:00am-1:00pm  Youth Volleyball 5:00-6:00pm	Open Gym 6:00-9:30am 1:00-4:30pm 7:30-9:00pm Silver & Strong 10:00am-11:00AM Drop-In Pickleball 11:00am-1:00pm Youth Volleyball 5:00-7:00pm	Adult Drop-In Basketball 6:15am-8:15am Open Gym 8:15am-5:00pm Adult Drop In Volleyball 5:30-8:30pm	Youth Volleyball 9:00am-11:00am Open Gym 12:00-7:00pm	Open Gym 11:00am-3:00pm Adult Volleyball League 4:30-6:30pm

SELECT PROGRAM DATES - Gym will be closed for all select programs utilizing the gym on the following dates: Monday Pickleball Lessons: 9/29, 10/27 & 11/24 from 11:00-1:00PM Register at front desk.

**OPEN GYM:** Open Gym provides a flexible space for casual open play/practice time, for basketball, volleyball, and pickleball. Please be considerate of others using the gym.

- Volleyball and pickleball nets will not be available during open gym hours unless otherwise noted.
- No unauthorized outside equipment may be brought into the gym.
- Activities such as pitching or catch (baseball/softball) and juggling are not permitted.

- Basketballs and volleyballs are available for check at front desk.
- No food allowed in gymnasium.
- Drinks must be in sealable plastic or metal containers. No cans, cups, or glass.
- Non marking athletic shoes only. No sandals, boots, socks or bare feet.