

AIRWAY HEIGHTS PARKS & RECREATION

Summer

MAY - AUG 2025

ACTIVITY GUIDE

FRANKIE'S BEACH BALL BASH REC RATS SUMMER FITNESS CHALLENGE SUMMER SPORTS CAMPS
TEEN FRIDAY NIGHT ACTIVITIES PURPLE PIPES IN PARKS AIRWAY HEIGHTS DAY 2025

NO SUNSCREEN NECESSARY
REC CENTER
SUMMER PASS
ON SALE UNTIL JUNE 30TH



Where Community Grows

11405 W Deno Rd. Spokane, WA 99224 | (509) 244-4845 | airwayheightsparksandrec.org

AH Airway Heights Parks & Recreation

OUR MISSION

Create Community & Quality of Life
Through People, Parks, & Programs

PARKS & RECREATION STAFF

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Parks & Recreation Director

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COMMUNICATE & CONNECT WITH US



11405 W. Deno Rd. Spokane, WA 99224



(509) 244-4845



airwayheightsparksandrec.org



parksandrec@cahw.org



@ah_parksandrec



/ahparksandrec

SCAN HERE > > >

to get registered for
an upcoming class,
program, or activity.



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Letter from the Director

Dear Airway Heights Community,

First, let me start with a huge THANK YOU to our community for your incredible support in voting the Airway Heights Rec Center as one of the region's best health clubs/gyms in the Inlander's Best of Readers Poll! Your continued support of this facility means the world to us.

As we look ahead to the summer months, we can't help but focus on July as Parks & Rec Month. This year marks the 40th anniversary of National Parks & Recreation Month, and the theme "Build Together, Play Together" couldn't be more fitting. When our amazing staff works hard to provide outstanding programs and spaces for our community members, and the community shows up day in and day out to support, it is this combination that builds a great community—creating a stronger, healthier, and more connected place for everyone to thrive.

This summer, we are looking forward to another fantastic season of activities and enjoying our outdoor spaces. Our Parks staff are already busy preparing our parks to look their best. We've planned an exciting lineup of programs for all ages, including Youth Sports Camps (back after a successful debut last year), summer coed slow-pitch softball, 55 & Better trips to neighboring community's summer concerts, and, of course, our annual community festival, Airway Heights Day, with all its festivities to wrap up the season.

This guide is filled with amazing opportunities to continue showing your support, engaging with other community members, and connecting with our wonderful Parks & Recreation staff.

Thank you,

J.C. Kennedy

Parks & Recreation Director

THANK YOU FOR THE SUPPORT!

We are incredibly grateful and excited to share that the Airway Heights Recreation Center has been voted as one of the Best Fitness Centers in the Spokane Region in Inlander Magazine's 2025 Best Of Readers Poll!

This recognition would not have been possible without your unwavering support and commitment to our facility.



We want to take a moment to thank each and every one of you for your continued dedication and for being an essential part of what makes this facility truly special. Your enthusiasm, passion for fitness, and sense of community are the foundation of the strong culture we have at the Recreation Center. It's because of you that we've been able to create such a welcoming and motivating environment for all who walk through our doors.

Your support not only helps us grow and improve but also inspires others to join our community, making the Airway Heights Recreation Center the place where wellness and fitness thrive. This award is a testament to the incredible members we have and the positive impact you have on the center's atmosphere.

Thank you once again for making the Recreation Center the best it can be. The place where community grows and you belong. We are proud to serve you and look forward to continuing to provide a top-notch fitness experience that supports your health, wellness, and goals. The team is excited about receiving this recognition especially because it's based on the feedback the Inlander received from our members.

Given the challenge that we have with an isolated location and only having one location to draw votes from, where other fitness facilities have multiple locations to draw votes from, it makes us wonder if we were able to compare locations 1 to 1 who would be on top?

AIRWAY HEIGHTS PARK BOARD VACANCY

Airway Heights Parks & Recreation is currently accepting applications to fill a vacancy on the Parks Advisory Board. This board plays a key role in shaping the future of local parks and recreational facilities by advising staff on community needs and supporting department projects and initiatives. It also serves as the City's official Tree Board, offering guidance on the Urban Forestry Program as it relates to city property.

The board consists of five appointed members who are Airway Heights residents with a demonstrated interest in community development. Appointments are made by the City Council Chair and confirmed by the City Council. Meetings are held monthly on the first Thursday following the initial City Council meeting, at 5:30 PM in the Airway Heights Recreation Center.

In addition to the Parks Advisory Board vacancy, there are also open positions on the Youth Advisory Commission (YAC), which provides input on the needs and interests of local youth ages 11 to 15, and on the Senior Advisory Commission, which helps shape programs and activities for residents aged 55 and older.

Visit ahparksandrec.org/park-board/ to learn more about the Park Advisory Board or apply.

My Rec Story

Caitlin M.

Many may recognize Caitlin as one of the Rec Center's frequent, friendly faces—but it's her positive outgoing attitude and genuine kindness that truly make her unforgettable. Whether she's stepping into a new class, greeting a fellow member with a big smile, or jumping into a drop-in sport, Caitlin radiates the kind of energy that lifts everyone around her.



Originally from the Seattle area, Caitlin moved here five years ago in search of a change, new opportunities, and to be closer to family stationed at Fairchild Air Force Base. After a couple of years on the West Plains, she decided it was time to get active and check out this place she kept hearing great things about—the Airway Heights Rec Center.

At first, she enjoyed water workouts and relaxing in the sauna. But Caitlin's curiosity and desire to make the most of the facility and her membership soon led her upstairs to the fitness floor, where she discovered an energetic atmosphere filled with equipment, group classes, trainers, and a welcoming community.

Having grown up participating in Parks and Rec programs and later working for SeaTac Parks and Rec, Caitlin instinctively knew there was more to explore with Airway Heights Parks & Rec—and she was right. Her passion for staying active and trying new things led her to take part in drop-in volleyball and pickleball, the summer softball league, and most recently, the 6v6 adult soccer league. She even completed her first Gym Rats session—and loved every second.

Caitlin often refers to the Rec Center as her "third place"—a space beyond home and work where she can relax, recharge, and connect with others. She's made countless friendships with members and staff, and continues to inspire those around her with her positivity, kindness, and adventurous spirit.

Thank you, Caitlin, for being such a great member and a shining example of our summer theme - Build Together, Play Together.

To share a My Rec Story, or nominate a person or business to be spotlighted, email parksandrec@cahw.org using "My Rec Story" or "Community Member Spotlight" in the subject line. Please be sure to provide the person's name, contact info, and a brief description of the reason for your submission.

MY REC STORY: Share your story (or someone you know) of how participation and access to recreational opportunities here in Airway Heights has improved quality of life, health, and social experience. Stories can come from youth participating in sports for the first time, seniors joining a program and making new friends or how hitting the gym has given you new confidence.

COMMUNITY MEMBER SPOTLIGHT: Do you know a community member doing great things to represent, improve, and serve Airway Heights? Nominate them to be recognized as the Community Member Spotlight in the next Activity Guide. Nominees can be kids, adults, seniors, businesses, etc.

GENERAL INFO & POLICIES

REGISTRATION

Ways to register:

1. Register for programs and activities online at: airwayheightsparksandrec.org
* User account required or visit the Parks & Recreation Department at the Airway Heights Recreation Center at 11405 W. Deno Rd. Spokane, WA 99224
2. Call the Parks & Recreation Office at (509) 244-4845
 - Be sure to provide the best and most current information when registering to ensure that you receive all necessary information for programs, activities, events and facilities.
 - Preregistration is required for most programs unless otherwise stated.
 - All fees are due at the time of registration, unless otherwise noted. We do not "hold" a space for you without full payment and registration.
 - Space is limited in many programs and events. It is best if you register at least two weeks in advance of any registration deadline or start date.
 - All programs have a minimum and maximum enrollment. Programs may be canceled if minimums are not met.
 - All participants in AHPR programs, events and activities must complete all required forms, waivers, and agreements prior to participation.
 - Images (photographs, video recordings, etc.) taken of all participants engaged in AHPR programs, events and activities may be used for promotional purposes on the AHPR website, social media pages and printed materials

CANCELLATIONS

CANCELED!

Avoid the disappointment of a cancellation by registering early and encouraging others to join and get registered. Programs, classes, activities, and leagues are most commonly canceled due to low registration.

Sometimes things don't go as planned and, for that reason, AHPR reserves the right to cancel, combine, move or change any program, event or activity. In such cases, every effort will be made to notify all participants of cancellations or changes to programs. Department initiated cancellations will be refunded or credited to your Parks & Recreation account.

INCLEMENT WEATHER

Programs may be canceled in the event of inclement weather or power outages. We encourage you to call (509) 244-4845 for program status regarding weather.

NOTE: All outdoor activities are to be canceled if thunder or lightning are present.

RECREATION TRENDS

Is there something you'd like to see us try? Share your ideas or suggestions for new programs, activities or events with us by emailing parksandrec@cwah.org. We want to hear from you!

REFUNDS & CREDITS

In the event a participant cannot take part in their registered program due to unforeseen circumstances, Airway Heights Parks & Recreation will work to provide refunds for program fees under the following policy:

1. Full refunds or department credit will be given for all classes canceled by AHPR.
2. Refunds will be granted for program fees paid if requested before the registration deadline date (or at least 5 business days before start of program, if no registration deadline).
3. Refunds will either be transferred back to the purchasing credit/debit card or issued via check for cash and check payments. Check refunds will be issued from the City of Airway Heights within 30 days of the request. Checks will not be issued for refunds of \$10 or less (account credit will be applied).
4. Credits or refunds will not be issued for missed classes, programs or events.
5. Refunds or credits will not be issued for "change of mind" if requested after the initial sign up date, registration deadline or within three business days of program start.
6. To request a refund, contact Guest Services at (509) 244-4845.
7. Refunds will not be issued for programs costing \$10 or less (unless canceled by AHPR).
8. AHPR will not accept returns or refunds on merchandise or items purchased for programs.
9. Certain fees relating to rentals and memberships have their own refund policies. Contact Guest Services directly to inquire about a specific policy.
10. AHPR reserves the right to evaluate each refund on a case-by-case basis. *Exceptions in certain instances may apply.*

ACTIVITY GUIDE UPDATES & ERRORS

AHPR strives to produce the most accurate seasonal Activity Guide possible, but sometimes errors are made and things change after the guide is printed. Every effort will be made to notify participants and members of the changes, and correct and upload all changes to the AHPR website. Be sure to check the website and your email regularly for updates.

Airway Heights Parks & Recreation uses images and graphics provided and approved for use by freepik.com and canva.com.

ADVERTISING

Advertising opportunities with Airway Heights Parks & Recreation's seasonal Activity Guide, as well as inside the Recreation Center, are available in a variety sizes and formats. Contact (509) 309-2262 for more information.

NON-DISCRIMINATION POLICY

In accordance with applicable Federal and State Law, Airway Heights Parks & Recreation does not discriminate against any person on the basis of race, color, religion, gender, national origin, age, marital status or disability. This policy applies to the operation, conduct or administration of community programs for youth, adults and seniors. Sponsoring organizations requesting the use of Airway Heights Parks & Recreation facilities are required to comply with this policy.

PRIVACY POLICY

The City of Airway Heights Parks & Recreation will not sell or willingly share any information received through the registration process, to any third party. Information collected during the registration process may be given to program instructors or coaches for use in case of emergency. They may also be used to provide program or department updates, and facility notifications. The City is, however, required to adhere to the Washington State Public Records Act, Revised Code of Washington 42.56. The City may on occasion, use information to notify you of activities/circumstances that the City feels may be important to you and your family or that you opt into.

FREQUENTLY ASKED QUESTIONS

Do you have to be a Resident of Airway Heights to use the Recreation Center?

No, anyone can become a member or purchase a day pass.

Are Swim Lessons only for members?

No. Swim Lessons are a program offered outside of membership, but inside the Recreation Center.

What is included in a Membership or Day Pass?

Full access to the facility, including Pool, Fitness and Gymnasium usage, and access to any Group Fitness or Water Exercise class for the Day. Members between 18 months to 7 years old also have access to Child Watch while it is open.

What is considered a "Resident"?

"Resident" is considered anyone who lives in the City Limits of Airway Heights, including the areas behind Walmart and the movie theatre. The Resident Rate is also extended to those who work for a business within the City Limits and those who are Active Duty Military.

Are there any free activities I can utilize at the Recreation Center?

Anyone is welcome to enjoy the lobby and lounge, utilize our Wi-Fi, watch TV or play Pool, Ping Pong or Foosball. Please, no loitering or setting up unapproved gatherings.

How old does one have to be to workout at the Recreation Center?

The minimum age to work out in the facility is 11, with a parent or guardian. At the age of 14 you are able to workout by yourself. However, everyone under 18 needs to go through our Youth Fitness Orientation prior to being able to work out.

Got a question? Ask us at parksandrec@cawh.org.

VOLUNTEER OPPORTUNITIES

PARK ADVISORY BOARD

The Park Board advises and assists Parks & Recreation staff in the park and facility planning and development process, as well as supports and promotes Parks & Recreation programs, activities and events. Parks Board members must be:

- A resident of Airway Heights for at least one year continuously
- Currently registered to vote
- Serve three-year terms

Park Board meetings are held the first Thursday following the first City Council meeting of the month at the Airway Heights Recreation Center at 5:30pm.

Current Board Members:

Jacob Powers (President), Michelle Musgrave, Don Mitchell, and Greg Webb *VACANCY*

SENIOR ADVISORY COMMISSION

The Senior Advisory Commission works with the Parks & Recreation Department to plan and organize activities, trips, classes and presentations for active adults 55 and over by utilizing their particular insight on the issues and trends of interest to the senior population in the Community. The overall goal of the commission is to enrich and enhance the health and quality of life for seniors in the community.

Contact the Recreation Programs Supervisor, Monika Kruml, for the next scheduled meeting: mkruml@cawh.org

All Commissions positions are currently open.

YOUTH ADVISORY COMMISSION

The Youth Advisory Commission (YAC) is open to middle school and high school students and works to help plan activities, trips and events for teens in Airway Heights. The YAC also works with teens to help build up college and job resumes, gain community service hours and improve leadership skills.

Contact the Recreation Programs Supervisor, Monika Kruml, for the next scheduled meeting: mkruml@cawh.org

All Commissions positions are currently open.

PARKS & RECREATION VOLUNTEER

Airway Heights Parks & Recreation offers a variety of volunteer opportunities such as:

- Youth sports coach
- Community class instructors
- Special Events
- Fulfilling high school graduation hours

Board/Commission and Volunteer Applications are available online at airwayheightsparksandrec.org or at the Airway Heights Recreation Center.

Completion of application does not guarantee placement into an open board or volunteer position.

Welcome to THE AIRWAY HEIGHTS RECREATION CENTER



Airway Heights Parks & Recreation is proud to offer our community access to quality health and recreation, as well as an inviting community gathering place. Our vision is to provide a place and a space in our community where people can focus on their health and socialize, and where young people have guidance and support to grow and thrive. We embrace people of all ages, backgrounds and walks of life, and are honored to bring families together in a safe, fun, active environment filled with opportunities.

HOURS OF OPERATION

Monday - Friday

6:00AM - 9:00PM

Saturday & Sunday

9:00AM - 7:00PM

Aquatic Center closes 30 minutes prior to facility closure.

HOLIDAY HOURS: *These days will see limited hours of operation.*
MLK Jr Day, Presidents' Day, Memorial Day, Juneteenth, Labor Day, Indigenous Peoples Day, Veteran's Day, Christmas & New Year's Eve.

CLOSED HOLIDAYS:

New Year's Day, 4th of July, Thanksgiving Day, & Christmas Day.

MEMBERSHIPS

The Airway Heights Recreation Center offers various membership rates for individuals and families, as well as a residents' rate for those residing in the city limits of Airway Heights. The resident rate is also extended to: Active duty military, employees of businesses located within the Airway Heights city limits, and employees of companies that are members of the West Pains Chamber of Commerce. Proof of residency, active military status, or employment verification for qualifying businesses is required at the time of registration to qualify for the resident rate.

NO THE ONLY THING
SIGN UP DUE UPFRONT
ENROLLMENT IS A PRO-RATE
JOINING CURRENT MONTH,
FEE AND THE FIRST
FULL MONTH.

Category	Daily	10 Visit		Monthly		Semi-Annual**		Annual**	
		Res	Non-Res	Res	Non-Res	Res	Non-Res	Res	Non-Res
Youth	\$7.00	\$53.00	\$59.00	\$32.00	\$38.00	\$172.00	\$209.00	\$344.00	\$416.00
Adult	\$9.00	\$73.00	\$83.00	\$47.00	\$59.00	\$252.00	\$323.00	\$516.00	\$645.00
Senior (62+)	\$8.00	\$63.00	\$71.00	\$37.00	\$46.00	\$201.00	\$252.00	\$402.00	\$502.00
Family*	N/A	N/A	N/A	\$80.00	\$99.00	\$457.00	\$545.00	\$874.00	\$1099.00

Airway Heights Sales Tax is applied at time of transaction.

*Family Memberships are defined as one or two adults living in the same household and up to three dependents listed on either adult's tax return. Additional dependents may be added to a family membership at \$12.00 per month per additional dependent.

** Semi-Annual & Annual memberships are non-refundable transactions.

Membership cancellation requires at least 2 weeks prior notice from the bill date, and a completed Membership Cancellation slip available at the Recreation Center Front Desk, or email to parksandrec@cawh.org stating account holders name and intent to cancel.

HEALTH & FITNESS INSURANCE PROGRAMS

The Airway Heights Recreation Center accepts the following insurance programs: Silver & Fit, Active & Fit, RenewActive, One Pass and Fit On Health. Programs allow qualifying individuals to receive a no-cost membership covered under their insurance plans. If you are interested in finding out if you are eligible, contact your insurance provider, or visit the Rec Center and check with Guest Services.





FITNESS.



FAMILY.



FUN!

AMENITIES

Be sure to scan the Facility Schedules QR Code on page 8 before your visit to view the open swim and play times, gym availability, or fitness classes.

AQUATIC CENTER

The Aquatic Center offers a variety of ways for all family members to enjoy the water from lap swimming to lazy river floating, water exercise, swim lessons, and relaxing.

FEATURES:

- 6 Lane Lap Pool (25 yards)
- Spa /Hot Tub
- Warm Water Therapy/Rec Pool
- Children's Spray n' Play
- Dry Sauna
- Lazy River with Vortex and Whirlpool

FITNESS FLOOR

The Fitness Floor has something for all fitness levels. Covering 8,200sq. ft., this space has a wide-open layout, while separating weights, cardio, and selectorize equipment.

FEATURES:

- 50+ Cardio Machines
- 20+ Strength Machines
- Group Fitness Studio (Group Fitness information on pg.14)
- Fully Equipped Weight Room
- Cross Training & Turf Area

GYMNASIUM

The Gymnasium is where play and purpose come together! This large multi-purpose space serves as home to open gym sports, youth activities, fitness classes, and special events.

FEATURES:

- Six basketball hoops (4 adjustable from 8'-10')
- One full basketball court or two short-courts
- Main court and half-gym adjustable volleyball nets

REC CENTER SUMMER PASS

NO SUNSCREEN NECESSARY!

Get your Rec Center Summer Pass and beat the heat with a summer full of fitness, family and fun.

Pass valid 6/1 - 8/31. Sale ends 6/30
Restrictions and limitations may apply.

SALE PRICES:

Youth: \$80
Adult: \$120
Senior: \$95
Family: \$205

COMMUNITY LOBBY & LOUNGE

The Lobby and Lounge are the heart of our building. This inviting space serves as our community living room and a place for people to relax in front of the fireplace, enjoy a cup of coffee with friends, read, watch TV, connect to Wi-Fi, play pool, ping pong, and foosball.

CHILD WATCH

The Caterpillar Room is our space for our littlest members to enjoy various games and activities in a safe and fun environment for up to 90 minutes per day while parents use the facility. Kids ages 18 months to 7 years old with an active membership can be checked in with our caring child watch staff while their parents use the Recreation Center amenities.

CURRENT CHILD WATCH HOURS:

MONDAY - FRIDAY: 9:00AM-12:00PM | 4:00-7:00PM

SATURDAY & SUNDAY: 11:00AM-2:00PM

*Non-Members & Guests can access Child Watch with purchase of a youth day pass.

YOUTH FACILITY ACCESS

AGES LOBBY & LOUNGE:

- 0-6** Must have direct supervision by a parent or guardian
- 7-11** Must have an adult somewhere in the facility

GYMNASIUM:

- 0-2** Not allowed in the Gymnasium
- 3-7** Must have direct supervision by a 16 y/o or older
- 8-11** Must have an adult somewhere in the facility

AQUATICS CENTER:

- 0-6** (or under 48") Must have direct supervision in the water by a member 14 y/o or older
- 7-9** Must have an adult with them in the Aquatic Center
- 10-11** Must have an adult somewhere in the facility

FITNESS FLOOR:

- 0-10** Not allowed on the Fitness Floor
- 11-13** Must complete the Youth Fitness Orientation and be in direct supervision by a member 16 y/o or older
- 14-17** Must have completed the Youth Fitness Orientation

FACILITY RENTALS

The Airway Heights Recreation Center has a number of room rental opportunities to accommodate everything from birthday parties, business meetings, large family gatherings, and more!

BANQUET ROOMS

The Banquet Room is a dividable space perfect for receptions, banquets, parties, presentations, or trainings, with fully equipped multi-media options and outdoor patio. Room(s) are booked in 1 to 4 hour blocks. Table and chair arrangements can be setup to accommodate many different event types.

Kitchen available with rental of Room A or Full Room only.



MEETING ROOM

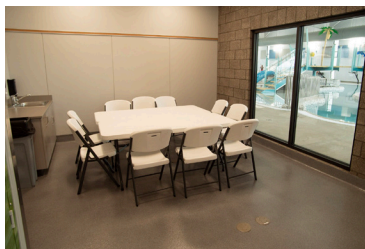
The Meeting Room is an ideal setting for hosting a small business or group meeting, or classroom style learning environment.

The Meeting Room is equipped with a multi-media television, and white board, tables, chairs, and sink.



PARTY ROOMS

Pool parties and more! The Party Rooms are available for hosting small parties, group meetings or gatherings. Party rooms are equipped with tables, chairs and sinks.



Banquet, Meeting, and Party Room rates vary based on room rental, size of group, requested amenities, and room setup/orientation.

BOOK YOUR RENTAL TODAY!

Call (509) 570-7294 or email mallen@cawh.org for more information about facility availability, rates, policies, and to book your upcoming event.



Pool PARTY TIME!



Book your next birthday party at the Airway Heights Recreation Center!

POOL PARTY PACKAGES

Includes 3 hour room rental and pool passes for all guests during the party.

Pool time is limited to the first 2 hours of the reservation.

PARTY ROOM

\$280.⁰⁰ +tax
Deposit: \$75.⁰⁰

(Deposit not included in rental price)

Party size limited to 26
(Adults & children)



BANQUET ROOM

\$350.⁰⁰ +tax
Deposit: \$75.⁰⁰

(Deposit not included in rental price)

Party size limited to 35
(Adults & children)



RESERVATIONS MAY ONLY BE MADE ON PROVIDED DAYS AND TIMES.

Restrictions may apply. All rentals must follow rental and facility policies and procedures.

AIRWAY HEIGHTS PARKS & RECREATION CODE OF CONDUCT

In order to make Airway Heights Parks & Recreation programs and facilities places where individuals feel welcome, comfortable, and safe, we ask all participants, members and guests to:

- Be safe, for the benefit of yourself and everyone else
- Follow all posted rules and directions described by staff
- Use designated storage areas for personal items and pick up after yourself
- Respect the confidentiality of patrons and employees
- Respect other persons, equipment, supplies, and facilities
- Be a good role model for others, especially the youth

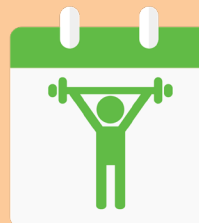
AND REFRAIN FROM THE FOLLOWING

- All forms of harassment
- Taking photos or video of anyone other than yourself without their consent
- Cell phone use in locker rooms
- Inappropriate/unauthorized use of equipment
- Bringing animals (with the exception of service animals) into the building, or leaving them unattended outside
- Bringing bicycles into the building
- Defacing property (structures, land, or equipment)
- Disruptive or disorderly behavior
- Using profanity, teasing, or ridiculing others
- Offensive physical contact or harm to self or others
- Eating or drinking in non-designated areas
- Improper use of restrooms
- Leaving young children unsupervised
- Playing audio devices without using headphones
- Riding skateboards, skates, or scooters inside the building, or leaving them unattended
- Sleeping or loitering
- Smoking, vaping and tobacco use
- Using or being under the influence of any intoxicating substance
- Solicitation, petitioning, or canvassing other than in the public right-of-way (street sidewalks)
- Spitting
- Parking in unauthorized areas
- Violation of any federal, state, or local statute or ordinance

By respecting this Code of Conduct everyone is **welcome, comfortable, and safe** in all Airway Heights Parks & Recreation facilities and programs.

Airway Heights Parks & Recreation staff reserve the right to ban or trespass any individual(s) who knowingly violate the Code of Conduct.

KNOW BEFORE YOU GO!



Heading to the Rec Center to swim, play in the gym, or utilize the fitness studio?

SCAN THE CODE > > >

before your visit to check the updated schedules for activities taking place in the facility.



Facility schedules are subject to changes, to reflect changes in activities and programs.



Comforts you need at a value you will love.

Days Inn & Suites by Wyndham
Of Spokane Airport/Airway Heights

1215 S. Garfield Rd.
Airway Heights, WA
(509) 244-0222

www.daysinn.com/hotel/22343



AQUATICS

Airway Heights Parks & Recreation provides a variety of year round aquatic programs for members and guests of all ages and swimming levels. Aquatics programs such as swim lessons, water exercise and special events all work to promote health and wellness, teach water safety and create fun for the whole family.



PRIVATE SWIMMING LESSONS

YOUTH LESSONS: BENEFIT FROM ONE ON ONE

Following our group Swimming Lesson level formats new swimmers ages 3 and up, of all abilities, can benefit from one-on-one lessons. These 30 minute classes are tailored to the students' swimming needs, which can range from timid or first time swimmers to those interested in joining swim teams.

ADULT LESSONS: IT'S NEVER TOO LATE TO LEARN

Private Swim Lessons for Adults (16+) are perfect for those ready to improve the confidence in the water, and introduce themselves to the health benefits of swimming. *Adult Swim Lessons are scheduled on a instructor availability basis.*

L1: The Basics - Learn basic swimming strokes and skills needed to feel confident and safe, in and around the water.

L2: Improve Skills and Strokes - Gain proficiency in swimming skills and the six basic strokes.

L3: Swim for Fitness - Refine swimming techniques and turns to build endurance and optimize swimming for fitness.

Private lessons participants are registered directly with the AH Aquatics team at (509) 570-7290. Registration are on a first come, first serve basis through our wait-list program.

This program is limited to up to 3 consecutive swim sessions. *Semi-Private lessons are available for up to 3 swimmers.*

GROUP SWIMMING LESSONS

Lessons are taught by our trained instructors in a fun and safe learning environment, following the nationally recognized American Red Cross Learn-To-Swim program. Lessons are approximately 25 minutes and run in 6 to 8 week sessions.

PARENT & TOT SPLASH N' PLAY CLASS

6 MONTHS TO 3 YEARS OLD

Have fun playing and exploring the water with your little one while learning about water safety and basic swimming principles through songs and games.

SATURDAYS | 9:30AM-10:00AM | \$10/CLASS

Only select Saturdays. See below for scheduled classes.

CLASS DATES	6/7	6/21	7/12	7/26	8/9	8/23
REGISTER BY	5/30	6/13	7/4	7/18	8/1	8/15

3 TO 5 YEARS OLD

TINY TOTS 1

The start of an aquatic adventure without the parent. Swimmers build confidence by learning to blow bubbles, float and use arm and leg movements with assistance.

TINY TOTS 2

Build on the aquatic adventure encouraging individual confidence. Swimmers will work on breath control and being comfortable while completely submerged.

5 TO 12 YEARS OLD

LEVEL 1: GET WET!

Jumping in with confidence and happy to get our faces wet! Swimmers travel on their front and back for 15 feet with assistance and use training aids with ease.

LEVEL 2: BUILD CONFIDENCE!

Working on recovery positions and swimming up to 30 feet. Improving our treading water techniques and progressing in the front and back crawl without assistance.

LEVEL 3: BE BRAVE!

Step in the lap pool and begin swimming 25 yards of front crawl with side breaths. Independently swimming 10 yards of backstroke and comfortably recovering from change of position in and under the water while easing in to breaststroke.

LEVEL 4: GO FURTHER!

Build on Level 3 skills now swimming 50 yards of front crawl and confident with 15 yards of butterfly, and backstroke, and recover with breaststroke.

QUESTIONS ABOUT SWIM LESSONS?

Contact the AH Aquatics Team at (509) 570-7290 for more information about our swim lesson program, skill level assessment and to schedule a brief swim test.

SWIM TESTING AND REGISTRATION

It is important to register at the safest swimming level. This can sometimes be difficult to assess based on lesson description. The AH Aquatics team can help. Schedule a brief swim test and receive a recommendation for what level to register. Once you know your level, it is time to get registered. First refer to the swim lesson session days and dates, then move over to the lesson day and time schedule by level. Lesson times will stay the same for each level, each session. When you are ready, you can register online, over the phone or at the front desk.

SUMMER 2025 SWIM LESSON SESSION INFORMATION & SCHEDULE

COST: Group Lessons - Member \$48 | Non-Member \$75 Private/Semi-Private Lessons: Private \$100 | Semi Private \$85

	MON & WED (GROUP)	MON - THUR (GROUP)	TUES & THUR (PRIVATE)
SESSION 1	6/2 - 6/25	6/16 - 6/26	6/3 - 7/1
SESSION 2	7/7 - 7/30	7/14 - 7/24	7/8 - 7/31
SESSION 3	8/4 - 8/27	8/11 - 8/21	8/5 - 8/28

LESSON LEVEL SCHEDULE

LESSON LEVEL	REQUIREMENTS	MON & WED (GROUP)	MON - THUR (GROUP)	TUES & THUR (PRIVATE)
TINY TOT 1	3-5 Years Old	4:00PM 5:00PM	9:00AM	- - - - -
TINY TOT 2	Pass Tiny Tot 1	4:30PM 5:30PM	9:30AM	- - - - -
LEVEL 1	5-12 Years Old	4:30PM 6:00PM	11:00AM	- - - - -
LEVEL 2	Pass Level 1	5:00PM 6:30PM	11:30AM	- - - - -
LEVEL 3	Pass Level 2	4:00PM 5:30PM	10:00AM	- - - - -
LEVEL 4	Pass Level 3	6:00PM	10:30AM	- - - - -
* Private/Semi Private	All Levels	- - - - -	- - - - -	4:00-7:00PM

*Private/Semi-Private Swim Lessons are scheduled individually on Tuesdays & Thursdays, or Saturdays from the registration waitlist.



The Ducks Swim Team is a beginner level training program that strives to provide a fun aquatic atmosphere introducing kids ages 9 and up to the great sport of swimming in a structured non-competitive environment focused on developing swimming skills, techniques, and conditioning.

SWIM TEAM REQUIREMENTS:

- Must be 9 to 17 years old and
- Complete of AH Swim Lesson Level 3, or
- Complete 25 meter front crawl and breaststroke

SUMMER SEASON:

DAYS: Monday/Wednesday DATE: 6/23 - 8/27

TIME: 4:00-5:30PM | 5:30-7:00PM COST: \$235

NOTE: Registration fee only applies to Swim Team days and times. Membership or day pass is required for aquatics access outside scheduled team times. All facility rules and policies apply.

SUMMER SWIM LESSON Scholarships

The Spokane Parks Foundation and Airway Heights Parks & Recreation are ready to help new swimmers feel safe in and around the water with another round of the Make A Splash Summer Swim Lesson Scholarships

50 Scholarships Available

\$40 / scholarship

Limit 1 scholarship / person

SPOKANE PARKS FOUNDATION

Planting Roots. Growing Community.

MAKE A SPLASH in a kids life

SUMMER LIFEGUARD TRAINING

JR. GUARD



Get ready to dive into Jr Guard, where you'll learn a number of skills lifeguards use to help keep people safe in the water! This awesome 3 day camp will teach you everything from in-water rescue techniques with real lifeguard equipment, how to save the day in an emergency! Here's what you'll get to do:

- Learn basic First Aid, CPR, including how to use an AED – all super important skills for saving lives!
- Master water safety and practice being a pro at keeping an eye on everyone swimming safely.
- Level up your swimming – Pass a Level 4 Swim Lesson or the Lifeguard Swim Test to join the fun!

SUMMER CAMP AGES: 9 - 15 DATES: 7/8 - 7/10 TIME: 9:00-11:30AM COST: \$65 REGISTER BY: 6/27

+ American Red Cross LIFEGUARD TRAINING COURSE

The American Red Cross Lifeguard Training Course provides the knowledge and skills to prevent, recognize, and respond to aquatic emergencies. Course participants will receive training in American Red Cross Lifeguarding, First Aid, and CPR/AED. Upon successful completion of the course, participants will be issued a certificate valid for 2 years.

This is a blended learning course format which includes required completion of online education prior to classroom and in-water components. Participants must attend all class days of training totaling approximately 20 hours.

Participants must be able to successfully demonstrate the following prerequisite swimming skills. This evaluation is completed on the first day and includes the following skills:

- Swim 200m continuously with breath control.
- 2-minute tread using legs only
- Surface dive 9ft to retrieve a 10lb brick, swim the brick 20 meters, and exit the pool without the use of ladder or pool steps within 1 minute and 40 seconds.

COURSE DATES: 6/6 - 6/8

REGISTER BY: 5/23

COURSE SCHEDULE:

DAY 1 - 3:00-9:00PM Swim testing & intro lifeguard classwork.

DAY 2 - 9:00AM-6:00PM Water rescues, classwork, First Aid/CPR/AED.

DAY 3 - 9:00AM-3:00PM In-water practicals & final exam.

COST: \$285 AGE: 15+ Must be at least 15 by last day of class.

LIFEGUARD INSTRUCTOR COURSE *Must currently hold a valid ARC Lifeguard Certification.*

The American Red Cross Lifeguard Instructor Course takes lifeguarding to the next level by training and certifying participants to be American Red Cross Lifeguard, First Aid, CPR/AED Instructors. Certified LGI's will be qualified to conduct Lifeguard Training and First Aid/CPR Courses, as well as seek Aquatic Leadership positions.

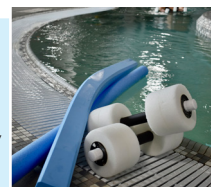
This is a blended learning course format which includes required completion of online education prior to classroom and in-water components. Participants must attend all class days of training totaling approximately 20 hours.

COURSE SCHEDULE: FRIDAY 5/9 6:00-10:00PM SATURDAY 5/10 8:00-5:00PM SUNDAY 5/11 8:00AM-12:00PM

AGES: Must be at least 17 by the last day of class. COST: \$270 REGISTER BY: 5/2

WATER EXERCISE Water Exercise classes are included in membership or purchase of a day pass.

The Rec Center's instructor led group Water Exercise classes offer fun, engaging way to stay active, healthy, and energized! From gentle, low-impact movement and cardio, to strength and resistance, and even challenging full-body workouts, there's something for everyone to enjoy while improving fitness and overall well-being while in the water.



RIVERCISE

Using the Lazy River's current Rivercise works to build core strength, as well as improve balance and coordination through walking, lunges, squats, and low-impact exercises.

MON/FRI	9:00-9:30AM
SUN	10:00-11:00AM

SHALLOW WATER

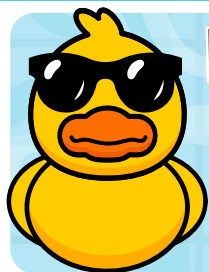
Focus on cardiovascular endurance and low-impact strength exercises while using water's unique support to ease the strain on muscles and joints, and the Rec Pool's therapeutic warm water.

MON/WED/FRI	10:00-11:00AM
TUES/THU	8:30-9:00AM
SUN	9:30-10:00AM

DEEP WATER

Deep Water Exercise is designed to increase cardiovascular fitness, range of motion, and muscle tone through a variety of underwater exercises and motions. Flotation equipment may be used to perform exercises.

MON-FRI	6:15-7:15AM
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FRANKIE'S BEACH BALL BASH

FRIDAY JUNE 20TH 6:00PM - 8:00PM

Frankie is hosting a Bash Ball Bash to kick off the summer! Join him and all his friends for a fun night filled with beach balls, pool games, music, and more!

All posted facility and aquatics rules apply. Membership or day pass required to participate.

SUMMER POOL SCHEDULE Pool Schedule is subject to change. Aquatics Center closes 30 minutes prior to facility closure.

MON / WED	TUE / THU	FRI	SAT	SUN
LAP POOL (LAP SWIM: AT LEAST 2 LANES WILL BE OPEN FOR LAP SWIMMING AT ALL TIMES)				
LAP SWIM 6:00AM-8:30PM OPEN SWIM (Lanes 5&6) 11:30AM-4:00PM 7:00PM-8:30PM SWIM LESSONS (Lanes 6) 10:00AM-11:00AM (Lanes 1-2-6) 4:00PM-7:30PM	LAP SWIM 6:00AM-8:30PM WATER EXERCISE Deep Water (Lanes 5&6) 6:15AM-7:15AM OPEN SWIM (Lanes 5&6) 11:30AM-4:00PM SWIM LESSONS (Lane 6) 10:00AM-11:00AM 4:00PM-7:00PM	LAP SWIM 6:00AM-8:30PM WATER EXERCISE Deep Water (Lanes 5&6) 6:15AM-7:15AM OPEN SWIM (Lanes 5&6) 11:30AM-8:30PM	LAP SWIM 9:00AM-6:30PM OPEN SWIM (Lanes 5&6) 11:00AM-6:30PM	LAP SWIM 9:00AM-6:30PM OPEN SWIM (Lanes 5&6) 11:00AM-6:30PM
REC POOL /WARM WATER THERAPY (WWT) & LAZY RIVER (LR) * Shallow Water may be moved to Lap Pool during M-Th Swim Lesson times.				
LEISURE SWIM 6:00AM-9:00AM WATER EXERCISE Rivercise (LR) <i>Monday only</i> 9:00AM-9:30AM Shallow Water (WWT) 10:00AM-11:00AM OPEN SWIM 12:00PM-8:30PM SWIM LESSONS (WWT) 9:00AM-12:00PM 3:30PM-6:30PM	LEISURE SWIM 6:00AM-9:00AM WATER EXERCISE Shallow Water (WWT) 8:30AM-9:00AM OPEN SWIM 12:00PM-8:30PM SWIM LESSONS (WWT) 9:00AM-12:00PM 3:30PM-6:30PM	LEISURE SWIM 6:00AM-12:00PM WATER EXERCISE Rivercise (LR) 9:00AM-9:30AM Shallow Water (WWT) 10:00AM-11:00AM OPEN SWIM 12:00PM-8:30PM	OPEN SWIM 9:00AM-6:30PM SWIM LESSONS 9:30AM-10:00AM <i>Areas of Rec Pool may be reduced or closed during Swim Lessons times.</i>	LEISURE SWIM 9:00AM-11:00AM WATER EXERCISE Shallow Water (WWT) 9:30AM-10:00AM Rivercise (LR) 10:00AM-11:00AM OPEN SWIM 11:00AM-6:30PM
SPRAY N' PLAY & LAZY RIVER FEATURES				
12:00PM-3:00PM 6:30PM-8:00PM	12:00PM-3:00PM 6:30PM-8:00PM	12:00PM-3:00PM 4:30PM-8:00PM	11:30AM-2:30PM 3:00PM-6:00PM	11:30AM-2:30PM 3:00PM-6:00PM
SPA & SAUNA (MUST BE AT LEAST 15 YEARS OF AGE)				
6:00AM-8:30PM	6:00AM-8:30PM	6:00AM-8:30PM	9:00AM-6:30PM	9:00AM-6:30PM



We are here for you!

Six Convenient Locations

Airway Heights - Cheney
Fairways Plaza - Spokane - Nine Mile Falls - Wandermere

WWW.APEXPT.COM



i Unless otherwise noted, all fitness programs, classes, and activities require Rec Center membership. Preregistration by Register By date may be required for participation. Class sizes may be limited.



The Airway Heights Recreation Center Fitness Team strives to provide members and guests, ages 11 and up, the opportunities and resources they need to be healthy and fit. Rec Center Members and day pass guests can jump in one of our many free instructor led classes included in membership, sign up for a specialized fitness programs, or get one-on-one personal training with one of our certified personal trainers. Whatever the focus, the AH Fitness Team can help you reach your goals.

GROUP FITNESS

Group Fitness Classes are open to members and day pass users of all fitness levels. Each class is led by our team of amazing professionally certified Group Fitness Instructors and Trainers. *Class space is limited and preregistration is recommended.*

NEW! METABOLIC MAYHEM

Burns calories, build strength, and boost endurance with a mix of high energy circuits, intervals, and functional movements.

MOVE & GROVE

A high-energy dance fitness class combining line dancing, drumsticks, and Latin beats for a total body workout.

HARD CORE

Target the core muscles (abs, back, hips, obliques) from every angle in this 30-minute high-intensity hard core workout.

LINE DANCE FITNESS

Energizing choreography and music combine for a dynamic workout that enhances coordination in this fun cardio experience.

HATHA YOGA

Focus on breath and stretch, while holding poses to enhance flexibility, mobility, and balance in a calm, relaxed environment.

YOGA

A class for all skill and experience levels that focuses on building stability and endurance through the foundations of alignment.

RHYTHM RIDE CYCLE

Take a ride and improve your strength and cardio endurance matching the revolutions to the beat and rhythm of the music.

CARDIO HIIT

A high energy strength and cardio experience with heart pumping core workouts, kick-boxing and body weight exercises.

GANG GREEN

Join the GANG and take on the GREEN turf with a dynamic blend of conditioning and strength training.

BOOT CAMP

Get your Saturday morning started right with a high intensity total body circuit-based workout.

REC RATS FITNESS CHALLENGE

GYM RATS?! IT'S TIME TO UPGRADE TO A REC RAT!

This summer, beat the heat, stay fit, and become the ultimate Rec Rat! Whether you're dominating in the gym, swimming in the pool, or crushing workouts on the floor, you're on your way to becoming a Rec Rat.

HOW DOES IT WORK? Check-in at the Rec Center 30 times over the summer and earn the Rec Rats Rally Towel. But wait, there's more! The member with the most check-ins will win **3 FREE months of membership!** Plus, tackle monthly challenges for a chance to enter exclusive prize drawings.

DATES: June 1 - August 31 **COST:** \$10 **REGISTER BY:** July 18
Must be a current member to join. Member and program rules apply.

SUMMER GROUP FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Hatha Yoga 10:00AM	Metabolic Mayhem 6:30AM	Gang Green 9:30AM	Yoga 6:30PM	Boot Camp 9:30AM
Move & Groove 4:30PM	Cardio HIIT 5:30PM	Hard Core 5:00PM		Rhythm Ride 11:00AM
Rhythm Ride 5:30PM	Yoga 6:30PM	Line Dance 5:30PM		

Group Fitness Schedule is subject to changes.

YOUTH FITNESS (AGES 11 TO 17)

YOUTH FITNESS ORIENTATION (YFO)

Required for members ages 11 to 17 accessing the Fitness Floor, the YFO teaches gym etiquette, proper equipment use, floor rules, and safety. *Preregistration is preferred.*

DAY: Fridays

TIME: 5:30PM-6:15PM

GRIT YOUTH SPORTS

PERFORMANCE TRAINING

GRIT (Get Ready, It's Time) is all about training your body and mind for when your name is called. GRIT helps you train smarter, get stronger, and develop the mindset to perform at your best, believe in yourself, and dominate!

DAYS/DATE: Saturdays 6/14 - 8/9 **TIME:** 10:00-11:00AM

COST: \$35

REGISTER BY: 6/6

SPECIALIZED FITNESS

NEURO KNOCKOUT

A dynamic and engaging fitness class designed specifically for individuals living with any neurological condition or disease such as Parkinson's, Alzheimer's, and stroke.

This innovative program combines the excitement of mitt work boxing combinations with targeted strength, core, and balance exercises to improve overall physical and cognitive function.

DAY: Fridays **TIME:** 1:30PM-2:30PM

COST: Members - FREE | Non-Members - *Day Pass Rates apply*

55+ FITNESS

BASEX - BALANCE, ACTIVE, STRENGTH, EXERCISE

BASEx increases stability and strength to improve agility, mobility and confidence. Participants learn brain/body coordination through a repetitive movement routine, including Bal-A-Vis-X rhythmic patterns, eye-tracking, and cross-meridian training.

Program space is limited.

DAYS: Mon/Wed/Fri

TIME: 8:30AM

SILVER & STRONG

Silver & Strong is perfect for active older adults seeking to improve strength, stamina, and core stability while having fun.

DAYS: Tue/Thu

TIME: 10:00AM

TAI CHI FOR ENERGY

Combining both Chen (vigorous) and Sun (agile) forms of Tai Chi creates a synergy to improve internal energy (Qi), stress management and overall wellness. *Program space is limited.*

DAYS: Wed

TIME: 10:00AM

COST: \$35

SESSION 1: 5/14 - 7/2

REGISTER BY: 5/9

SESSION 2: 7/9 - 8/27

REGISTER BY: 6/27

FIT U CLASS IS NOW IN SESSION!

Fit U is an education-based program led by the AH Fitness Team and local professionals, offering information on health & wellness, exercise techniques, and fitness trends.

SUMMER SEMINARS & PRESENTATIONS

Female Youth Fitness: *Get Active, Get Healthy, Get confident*

DATE: 5/13 **TIME:** 5:30PM **REGISTER BY:** 5/9

Cooking Up Success: *Winning strategies for the kitchen and the gym*

DATE: 6/10 **TIME:** 5:30PM **REGISTER BY:** 6/6

Training Around Your Cycle: *A female health & fitness presentation*

DATE: 6/23 **TIME:** 5:30PM **REGISTER BY:** 6/20

SUMMER 101 CLASSES

Learn about popular and key lifts and exercises, why they are important, how to perform and modify them to your needs.

Power Lifting 101 w/ Caesar

DATE: 7/11 **TIME:** 4:30PM **REGISTER BY:** 7/4

Strength Training 101 w/Caesar

DATE: 7/18 **TIME:** 4:30PM **REGISTER BY:** 7/11

PERSONAL TRAINING

The Airway Heights Recreation Center Personal Training Program offers one-on-one instruction with one of our certified Personal Trainers. Trainers work to develop a path that is specific, achievable, and relevant to YOU.



PERSONAL TRAINING INCLUDES:

- Structured sessions to maximize time in the gym.
- Monthly InBody analysis to track physical progress.
- Personalized programs based on your fitness goals, likes and dislikes, skills, and abilities

PERSONAL TRAINING PACKAGES

	4 Sessions	6 Sessions	12 Sessions
1/2 Hour Session	\$125.00	\$165.00	\$299.00
1 Hour Session	\$219.00	\$295.00	\$535.00

\$115 FIRST TIMER PT SPECIAL!

See if Personal Training is right for you.

Three 1-hour or six 30-minute sessions. *Limited 1 per person.*

Scan the code to meet the AH Fitness Team, learn more about Personal Training and fitness programs, and to register for a Group Fitness classes.



YOUTH RECREATION

i Unless otherwise noted, all recreation programs and activities take place at the Airway Heights Recreation Center and require pre-registration. Some programs have limited capacity and/or require a minimum of 6-10 participants.

TOT TIME THURSDAY

LEARN - CREATE - MOVE - PLAY



Airway Heights Parks & Rec's Tot Time program offers ways for you and your tot to learn, create, move, and play!

- Tot Time activities vary from 30-60 minutes.
- Most activities require parent participation.

DATES: Tuesday **TIME:** 9:30AM **AGES:** 1-5 **COST:** \$10

SUMMER TOT TIME FULL SESSION SPECIAL! ALL 7 ACTIVITIES FOR \$60.00

Tot Time Full Session Special enrolls your child in all Summer Tot time activities! No refunds for unattended classes.

IMAGINATION STATION: OPEN FREE PLAY

DATE: 5/15 **REGISTER BY:** 5/9

MESS MAKERS: CHALK & BUBBLES

DATE: 5/29 **REGISTER BY:** 5/16

BLOCK PARTY: BUILD, STACK, & PLAY

DATE: 6/12 **REGISTER BY:** 5/30

CRAFTY KIDS: WIND CHIMES

DATE: 6/26 **REGISTER BY:** 6/13

CRAFTY KIDS: EDIBLE ART

DATE: 7/10 **REGISTER BY:** 6/27

MESS MAKERS: SAND & MUD

DATE: 7/24 **REGISTER BY:** 7/11

FUN-NASIUM! TOT & ME YOGA

DATE: 8/7 **REGISTER BY:** 7/25



Get out and explore all the fun and excitement our area has to offer with the Adventure Heights Summer Day Camp! Enjoy trips to area parks and attractions plus games, activities, arts crafts and more!

Breakfast, afternoon snack, and admission fees to events or attractions are included. Pack your own lunch each day.

SESSION	DATES	SPECIAL ACTIVITY
#1	Jun 16 - 20	Art Attack
#2	Jun 23 - 27	Around the World
#3	Jun 30 - Jul 3*	Stars & Stripes
#4	Jul 7 - 11	Animal Planet
#5	Jul 14 - 18	Underwater Exploration
#6	Jul 21 - 25	Holiday Hullabaloo
#7	Jul 28 - Aug 1	When I Grow Up...
#8	Aug 4 - 8	Color Craze
#9	Aug 11 - 15	Sports Extravaganza
#10	Aug 18 - 22	Last Hoo-Rah

** No program July 4th*

ADVENTURE HEIGHTS PROGRAM SPACE IS LIMITED EACH WEEK TO 13 PARTICIPANTS MAX.

DAYS: Monday- Friday **TIME:** 7:30AM-5:30PM

AGES: 8 - 12 **COST:** \$240/Week**

***Weeks are available for reservation in advance with a \$50 non-refundable, non-transferable deposit. Balance must be paid in full 10 days prior to attendance.*

MORE SUMMER CAMP FUN!



Jr. Lifeguard Camp - pg. 11

Sports Camps - pg. 17



Basketball, Cheer & Dance,
Volleyball, Football, & Soccer

SUMMER STEAM WORKSHOPS (AGES 6-10)

MOBIUS ON THE MOVE Outreach STEAM Workshops



Mobius is on the Move is back at the Rec Center! STEAM Workshops are all about learning by doing, exploring a wide range of science, technology, engineering, arts, and math subjects through fun, hands-ons, group projects and experiments.

SUPERSTRUCT DATE: 8/19

Can you make a car without an engine? Use the engineering design process to explore the forces of friction and gravity while designing, testing, and improving cardboard cars. We will bring the maker space to you!

ROVER LANDING DATE: 8/20

The Curiosity Rover traveled through space at nearly 13,000 mph! How did NASA land this delicate robot safely on the surface of Mars? Could you do it better? Design and test your own landing safety gear to protect an egg rover!

BATTLE BOTS DATE: 8/21

Put your engineering skills to the test by creating armor for battle bots! Then, test your robots in the battle arena in a head-to-head competition.

ALL CLASSES: TIME: 9:30-11:00AM AGES: 6-10
COST: \$10/Class REGISTER BY: 8/8

STEAM SPECIAL! ALL 3 WORKSHOPS FOR \$25.⁰⁰

Back to school

Airway Heights Parks & Rec will be ready for students to return to school with great before-and-after school programs focused on staying active, making friends, and having fun!

REGISTRATION OPENS AUGUST 1ST
ALL PROGRAMS BEGIN
SEPTEMBER 2ND!

TEEN FIRST FRIDAY Late Nights

Programs and activities for middle school and high school students ages 11-15.

1st Friday Late Nights is the ultimate teen hangout! Enjoy a schedule of games and activities, plus snacks, and chill vibes at the Rec Center on the first Friday of each month.

ALL ACTIVITIES: TIME: 5:30 - 8:30PM COST: \$5

9 SQUARE IN THE AIR

Get in the grid for this high-energy game where you battle it out to keep the ball flying in the air from square to square.

DATE: 6/6

REGISTER BY: 5/23

BAD ART

Unleash your inner chaos! Create hilariously terrible art and laugh at your masterpiece!

DATE: 7/11

REGISTER BY: 6/27

OPEN GYM

The gym is all yours for a night of fun with games like basketball, volleyball, pickleball, and dodgeball.

DATE: 8/1

REGISTER BY: 7/18

BACK TO SCHOOL VISION BOARD

Back to school with gusto and goals—turn your goals for the new school year into an inspiring collage board that keeps you focused and motivated.

DATE: 9/5

REGISTER BY: 8/22

All activities require pre-registration and a minimum 10 registered participants to run.

YOUTH ADVISORY COMMISSION

Join the Airway Heights YAC (Youth Advisory Commission) and gain valuable community service hours and build up college/job resumes by helping plan future programs, activities, events and trips for teens in Airway Heights.

Contact the Recreation Programs Supervisor at (509) 309-2099 for more information.

CARES YOUTH RECREATION SCHOLARSHIP

The CARES Youth Scholarship supports qualifying families to get children engaged and participating in Parks & Recreation activities, such as after school programs, youth sports, day camps & MORE!



<<< **SCAN THE CODE** for more info about CARES, and how to apply for a Youth Recreation Programs Scholarship.



The Airway Heights Youth Sports Program offers youth ages 3 to 15 the opportunity to participate in a variety of sports, focused on fundamentals and skill development, teamwork and sportsmanship, health and fitness, work ethic and effort, and, most of all, **HAVING FUN PLAYING SPORTS.**

All youth sports programs are coed, unless otherwise noted.

SHORT SPORTS Ages 3-5 Parent & Child Sports Basics

4REC Ages 5-12 Team Play - Practices & Games

INTRAMURALS Ages 12-15 Social Open Play Sports

Teen Intramurals not scheduled in current activity session.

Call (509) 309-2099 for more information on Teen Intramurals.



SHORT SPORTS (AGES 3-5)

Get your "shorty" started with the basic elements of sports through fun games and drills that develop their skills used in a variety of sports and activities. Short Sports runs in four week sessions. Each Short Sports practice is 30 minutes and may require parent participation.

COST: \$25 **DAY:** Wednesdays **TIMES:** 4:30PM | 5:15PM

TRY IT OUT

See what Short Sports is all about and try out each Short Sport, basketball, soccer, football, and Multi-PLAY all in one session!

DATES: 6/4 - 6/25

REGISTER BY: 5/23

MULTI-PLAY

Multi-PLAY will focus on developing hand-eye and footwork skills shared in a variety of sports through fun games and drills.

DATES: 7/9 - 7/30

REGISTER BY: 6/27

FALL SOCCER

Kick, Kick, Kick... Get started on the right foot (and the left) with fun games and drills developed around footwork skills.

DATES: 9/3 - 9/24

REGISTER BY: 8/22



Airway Heights Parks & Recreation is ready to help our young athletes develop their sports skills, build playing confidence, and foster the love for play this summer with fun Sports Camps for all skill levels.

ALL CAMPS (CAMP ROSTER SPACE IS LIMITED) | **COST:** \$50/Camp | **TIME:** 9:30-11:30AM each day

BASKETBALL AGES 5-12

Elevate your hoops game with shooting, passing, and dribbling drills, and fun team games challenges.

DATES: 6/17 - 6/19

REGISTER BY: 6/6

CHEER & DANCE AGES 6-12

Ready-Okay-Let's Go! Bring the excitement and learn cheers, chants, jumps, and dance routines!

DATES: 6/24 - 6/26

REGISTER BY: 6/13

VOLLEYBALL AGES 9-12

Hit it! Conquer the skills of serving, passing, and hitting while improving hand-eye coordination and footwork.

DATES: 7/22 - 7/24

REGISTER BY: 7/11

FLAG FOOTBALL AGES 7-12

Pass-Catch-Run-Pull! Improve your gridiron skills through fun drills, team games and challenges.

DATES: 8/5 - 8/7

REGISTER BY: 7/25

SOCCER AGES 5-12

Enhance your footwork skills with fun dribbling, passing, and shooting drills, games, and activities.

DATES: 8/12 - 8/14

REGISTER BY: 8/1

Camps vary by age, and will be divided into age/skill groups.

4REC FALL SPORTS

4Rec Fall Sports focuses on developing fundamental sports skills, teaching game rules and most of all teamwork and having fun playing sports! Teams will practice up to two times per week, and play six weeks of Saturday morning games. Most games will be played in Airway Heights, some games may be played in Medical Lake, or Cheney.

SOCCER (AGES 5-12)



Enjoy all the elements of the world's most popular sport with dribbling, passing, shooting, defense, and goal keeping in a fun 6v6 format.

**Boys & girls divisions offered for ages 9-12.*

NFL FLAG FOOTBALL (AGES 7-12)



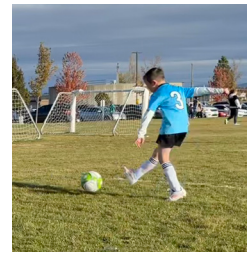
NFL Flag brings the excitement of football in 5v5 format with passing, catching, running, flag pulling, off/def positions, and real plays.

**Boys & girls divisions offered for all ages.*

VOLLEYBALL (AGES 9-12)



Volleyball focuses on teaching the skills of serving, bumping, and passing, while working to accomplish the excitement of rallying back and forth over the net with our team and opponents.



SEASON DATES: 9/8 - 10/25

2 weekday practices with Saturday games.

COST: \$60 / PLAYER

\$5 late fee applied after registration deadline.

REGISTER BY: FRIDAY JULY 25th

Team space is limited for each sport.

Boys and girls teams may be combined to coed if all teams do not meet minimum roster numbers in each age division.

VOLUNTEER COACHES NEEDED!

Share your knowledge and passion for sports, while mentoring youth athletes to be great teammates, play fair, and have fun playing sports. Volunteer Youth Sports Coaches can be parents, family members, neighbors, and community members.

Coaches must be at least 18 years old, pass a criminal history background check and complete our coaches training course.

Youth Sports registration fee credit given for children of volunteering parents or family members.

Contact mkruml@cawh.org for more coaching information.

Sunday thru Thursday
10:30am - 10:00pm
Friday & Saturday
10:30am - 10:30pm
10198 W HWY2 Airway Heights, WA 99224

CARES
CITIZENS ASSOCIATED FOR RECREATION EDUCATION & SOCIAL EQUITY

CARES supports the Airway Heights Parks & Recreation Department's mission to build community and enhance quality of life by developing recreational facilities and programs for youth and adults. Through outreach, partnerships, and contributions, CARES connects those who share a passion for improving our community through people, parks, and programs. As a 501(c)(3) nonprofit, CARES offers charitable opportunities to support projects, programs, and scholarships.

YOUTH SCHOLARSHIP
The Youth Scholarship Fund creates affordable access to rec programs for youth to engage in positive experiences and lead active lifestyles.

PROGRAM CHAMPION
Program Champions directly support programs through access to supplies, incentives, and reduced fees, making programs more equitable and accessible.

PROJECT PARTNER
Help fund priority projects that enhance existing facilities or create new recreational opportunities.

SCAN HERE > > >
to learn more about CARES, how to get involved, or to donate.

ahparksandrec.org/cares/

ADULT RECREATION

i Unless otherwise noted, all recreation programs and activities take place at the Airway Heights Recreation Center and require preregistration. Some programs have limited capacity and/or require minimum of 6-10 participants.



SHARE A HOBBY OR SKILL AS A RECREATION CLASS INSTRUCTOR

Become a recreation program instructor and share your knowledge, talent, and skill with the public in a special interest class, activity group or informational presentation.

Contact the Recreation Programs Supervisor at (509) 309-2099 for more information on becoming a Recreation Class Instructor.



*Join the ICCU team for **FREE** financial education classes at the Airway Heights Recreation Center.*

BUDGETING & SPENDING

Date: June 3
Time: 6:00-7:00 PM
Register by: May 23

IDENTITY THEFT

Date: August 6
Time: 5:30-6:00 PM
Register by: July 25

MANAGING STUDENT LOANS

Date: August 6
Time: 6:15-6:45 PM
Register by: July 25

Stop by the ICCU Airway Heights Branch! // iccu.com

GENERAL INTEREST

INTRO TO FAIRY GARDENS

A whimsical world, where nature meets imagination!

Discover the art of crafting your own enchanting fairy garden using foraged materials. Learn how to create unique structures, and accessories like miniature furniture, bridges, and more. Unleash your creativity and connect with nature as you design magical, personalized fairy havens.

CLASS	DATE	TIME	REGISTER BY
Intro to Fairy Gardens	5/28	6:00-7:00PM	5/23
The Basics & Furniture	6/25	5:00-7:00PM	6/20
Houses & Accessories	7/23	5:00-7:00PM	7/18
Woodland People	8/27	5:00-7:00PM	8/22

Children age 8 & up are welcome to attend with parent or guardian present

COST: FREE (Class sizes are limited.)

Waitlists will be created once classes become full.

PURPLE PIPES AND PARKS

Sustainable Water Solutions In Action

Join us for a fascinating presentations and tour of the City's Water Reclamation Plant!

See how wastewater, drained and flushed from our homes, is safely treated and pumped back into our community to irrigate our local parks through the "Purple Pipes."

Plant Operators will guide you through an informative tour of the plant's advanced treatment process. Afterward, visit the parks benefiting from reclaimed water and learn about future parks that will soon be using this sustainable conservation method.

DATE: 6/18

TIME: 5:30-7:30PM

COST: FREE

REGISTER BY: 6/13

AMERICAN RED CROSS FIRST AID & AED/CPR

Be ready to act in the "minutes that matter." This essential blended learning training and certification course, taught by our American Red Cross Certified AH Aquatic Team, covers CPR, AED use, basic first aid, and blood-borne pathogens. The course requires completion of an online portion at home, followed by a 4-hour in-person class. Participants will learn to recognize and respond to breathing and cardiac emergencies, sudden illnesses, and injuries.

Upon successful completion, you'll earn a 2-year certification that meets OSHA-mandated job requirements and other workplace or regulatory standards.

DATE: 8/16

TIME: 9:30AM-1:30PM

COST: \$90

REGISTER BY: 8/1

ADULT SPORTS

Volleyball Basketball Soccer
Flag Football Cornhole Softball

AHPR offers a variety of adult sports opportunities: Drop-Ins, Leagues, and Tournaments. Many of our sports use locally modified rules and formats designed to make building your team easier with fewer players and shorter seasons. Most leagues are coed and only require 4 to get going and max out at 8 teams.



DROP-IN SPORTS

Enjoy fun, recreational pick up sports at the Airway Heights Recreation Center. All skill levels welcome to play.

NOTE: Open Gym may be canceled or space may be reduced to half/short court due to low participant turnout or other rec programming.

PICKLEBALL	TUE-THU	11:00AM-1:00PM
	SUN	9:00AM-11:00AM (1/2 court)
BASKETBALL	FRIDAYS	6:00AM-8:00AM
	SAT	9:00AM-12:00PM (1/2 court)
VOLLEYBALL	FRIDAYS	5:30PM-8:30PM

COST: Members - **FREE** | Non-Members - \$9.00

PICKLEBALL SKILLS LESSONS



Improve your game with instructor led pickleball skills lessons, tailored for all skill levels. Lessons will focus on technique, rules, and strategy to help you play smarter and have more fun!

COST: Members - **FREE** | Non-Members - \$9.00/Class

DATE	TIME	REGISTER BY
5/19	11:00AM-1:00PM	5/16
6/23	11:00AM-1:00PM	6/20

LEAGUE PLAY

COED "REC PITCH" SOFTBALL

Get your team together for our fun and exciting Coed Rec Pitch (aka Slow Pitch) Softball. This low pressure, rec level league plays double header 5-inning games each week in Airway Heights, Medical Lake, and Cheney.

- 10 to 15 players per roster (Males & Females).
- Locally modified format and rules.
- 5 week season schedule - 5 Inning game format
- Single elimination playoffs (week 6)
- Game balls provided.

SEASON: Thursdays 6/19 - 8/7

TIME: 6:00-8:00PM

COST: \$400/Team

REGISTER BY: 5/30



DOUBLES CORNHOLE @ WEST PLAINS BREWING

Summer Doubles Cornhole is back, and has a new home at West Plains Brewing. This Backyard League (aka Rec level 24ft) is your chance to team up and have fun competing in everyone's favorite lawn game in the fun atmosphere of the neighborhood brewery.



League champs will secure automatic entry into the 2025 Airway Heights Day Cornhole Tournament on Saturday August 23rd!

SEASON: Sundays 7/13 - 8/17

TIME: 5:00PM

COST: \$50/Team

REGISTER BY: 6/27



FALL 4V4 COED VOLLEYBALL

Gather your team and compete to be the 2025 AH Rec Center Fall Volleyball Champs in our 4v4 small court (30' x 50') format. All skill levels welcome. Possible skill split divisions based on registrations.

- 4 to 6 players/team (males and females)
- 5 week season schedule. 3-set matches each week.
- Single elimination playoffs (week 6)
- All games are self-officiated (gym monitor on site)

SEASON: Thursdays 9/11 - 10/23

TIME: 6:00-8:00PM

COST: \$275/Team

REGISTER BY: 8/22

NEED A TEAM? JOIN THE FREE AGENT LIST!

Register as a Free Agent for any league for a chance to get picked up by a team looking for players. A Free Agent Team may be formed if list has enough players to reach roster the minimum.



Team up and toss some bags at the 2025 Airway Heights Day Cornhole Tournament.
Doubles format - Double Elimination - 3 Game Guarantee - Prizes awarded for 1st & 2nd Place!

DATE: Saturday 8/23 **TIME:** 12:00 - 3:00PM **COST:** \$25 per team **REGISTER BY:** Fri 8/1

SPONSORED BY

GROCERYOUTLET
bargain market™

SCAN HERE > > >
for tournament rules,
format info, and to
get registered today.



55 & BETTER RECREATION



Unless otherwise noted, all recreation programs and activities take place at the Airway Heights Recreation Center and require preregistration. Some programs have limited capacity and/or require minimum of 6-10 participants.



SOCIAL ACTIVITIES

MONTHLY BOOK CLUB

Enjoy chatting about book themes, characters, writing styles, and favorite parts. Book club meets weekly to discuss chapter selections from current the book. Books start on the first Thursday of each month and are provided by the Airway Heights Library.

DAYS: Thursday **TIME:** 10:30-11:30AM **COST:** FREE

JUNE BOOK *Lost Girls of Paris* by Pam Jenoff

DATES: 6/5 - 6/26 **REGISTER BY:** 5/23

JULY BOOK *Luckiest Girl Alive* by Jessica Knoll

DATES: 7/3 - 7/31 **REGISTER BY:** 6/20

AUGUST BOOK *The Little Paris Bookshop* by Wiley Cash

DATES: 8/7 - 8/28 **REGISTER BY:** 7/18

SEPTEMBER BOOK *This Time Tomorrow* by Emma Straub

DATES: 9/4 - 9/25 **REGISTER BY:** 8/22

1902 FRIDAY MORNING COFFEE CO COFFEE CART



Enjoy a cup of fresh brewed coffee with Rec Center friends and staff Friday mornings from 7:00-11:00am (or while supplies lasts.)
Courtesy of our friends at 1902 Coffee Co.

OUTINGS

LITTLE WOMEN THE MUSICAL

presented by Cheney High School Drama Club

The Cheney High School Drama Club brings Louisa May Alcott's classic story *Little Women* to life in this captivating Broadway-style production, showcasing the March family's journey through love, loss, and growth, and highlighting the timeless themes of family and sisterhood.

DATE: 5/10

TIME: 12:00-4:00pm

COST: \$20

REGISTER BY: 5/9

CHENEY SUMMER CONCERT SERIES

performance by Steve & Kristi Nebel

Nestled among the tall trees of Cheney's Sutton Park, enjoy a heartwarming performance by Steve & Kristi Nebel, and their Americana storytelling style. With songs that touch on social justice, travel stories, and simple love, they bring passion and beauty to every performance.

DATE: 7/9

TIME: 6:00-8:30PM

COST: \$5

REGISTER BY: 7/4

LINGER AT THE LAKE SUMMER CONCERT

performance by the Sarah Brown Band

Continue the musical tour out to our West Plains neighbors in Medical Lake and enjoy the scenery of the lake and the sound of great local music performed by the Sarah Brown Band, a five piece rhythm and blues band from Kettle Falls, WA

DATE: 7/31

TIME: 5:30-8:00PM

COST: \$5

REGISTER BY: 7/25

VISIT TO WEST PLAINS BREWING

Discover the story behind Airway Heights' new brewery, West Plains Brewing, directly from the owners, Matt and Monica Swanson. Step into the brewery and see firsthand the brewing process, from ingredients to techniques, while exploring the passion behind each brew. End the experience with a tasting of the brewery's signature beers, featuring rotating selections. It's the perfect experience for beer lovers seeking both education and flavor!

DATE: 8/15

TIME: 1:00-3:00PM

COST: FREE

REGISTER BY: 8/1

JOIN THE SENIOR ADVISORY COMMISSION

The Airway Heights Senior Advisory Commission provides insight and suggestions to Rec Staff for new activities, trips, classes, and presentations for active adults 55 and over.

Contact mkruml@cawh.org for a Senior Advisory Commission application and more information.

Friendly Fork Lunch

DAY: Tuesdays **TIME:** 11:30AM **COST:** \$7/Plate

Enjoy a wonderfully delicious meal, accompanied by good conversations with family, friends, and fellow community members, plus occasional entertainment and guest speakers. *Lunch is served on a first come first served basis. Menu is subject to change.*

SUMMER MENU

MAY

5/6 Orange Chicken and Rice
5/13 Meatball Sub
5/20 Garlic Chicken Pasta
5/27 Roast Beef Sandwich

JUNE

6/3 Chili Mac & Cornbread
6/10 Chicken Parm Sandwich
6/17 Teriyaki Chicken & Rice
6/24 Tuna Salad Sandwich

JULY

7/1 Pancakes Breakfast
7/8 Salmon Burgers
7/15 Club Sandwich
7/22 Pasta Salad
7/29 Fish & Chips

AUGUST

8/5 Loaded Baked Potato
8/12 Italian Wrap
8/19 Chicken Bake
8/26 Taco Salad

LUNCH & LEARN PRESENTATIONS

Lunch and Learn presentations provide opportunities to receive updates on current topics in our community, as well as explore new areas of interest through short, presentations during our Tuesday Friendly Fork Lunches.

6/3 - CITY UPDATE W/ MAYOR BOWMAN

Get updated the City's growth, current and future projects, and more City News from Council Chair/Mayor Larry Bowman.


7/15 - THE PASSION BEHIND BILLIE'S DINER

Owner McKenzie DonTingy shares her passion behind the homemade, locally sourced meals and desserts served at the farmer-first Airway Heights diner.

8/26 - CHAS HEALTH

Learn how CHAS Health is dedicated to improving community health by providing access to quality care and wellness services and how they support patients every step of the way.

Tell us what you want to hear about. If there is a particular topic or organization you are wanting to learn about, let us know.



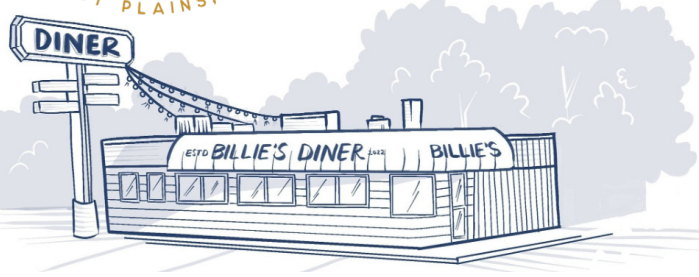
BILLIE'S

DINER

WEST PLAINS, WA

A farmer-first American diner serving breakfast and lunch.

Open Seven Days a Week from 6:00 a.m.-2:00 p.m.



13008 W. Sunset Hwy Airway Heights, WA 99001



SCLD libraries will be closed on June 19, July 4, and September 1, 2025

AIRWAY HEIGHTS LIBRARY

HOURS

Tue & Thu 10AM – 8PM
Wed & Sat 10AM – 6PM
Mon-Fri-Sun CLOSED

ADDRESS & PHONE

1213 S Lundstrom St
Airway Heights 99001
(509) 893-8250

LIBRARY SUPERVISOR

Lesa Arrison

SUMMER PROGRAMS & ACTIVITIES

Kids Free Afternoon Snack

Tuesday-Thursday, 3:30-4pm | Kids ages 1-18

Family Play & Learn Storytime

Thursdays, 10:30am-11:30am | Ages 2-5

Lego Free Play

Saturdays, 10:00am-6:00pm | Families

Jigsaw Puzzle & Board Game Swap

Saturday, June 14, 10:00am-6:00pm | All ages

Make Perler Bead Creations

Tuesday, June 24, 10:30-11:30am | Ages 5+ & their families

Science & Play: Bubblemania

Tuesday, July 8, 10:30-11:30am | Ages 5+ & their families

Create Your Own Sock Animal

Tuesday, July 22, 10:30-11:30am | Ages 5+ & their families

Build Your Own Board Game

Tuesday, Aug 5, 10:30-11:30am | Ages 5+ & their families

SCAN THE CODE to learn more details about the fun for all ages activities happening at this summer at the Airway Heights Library.

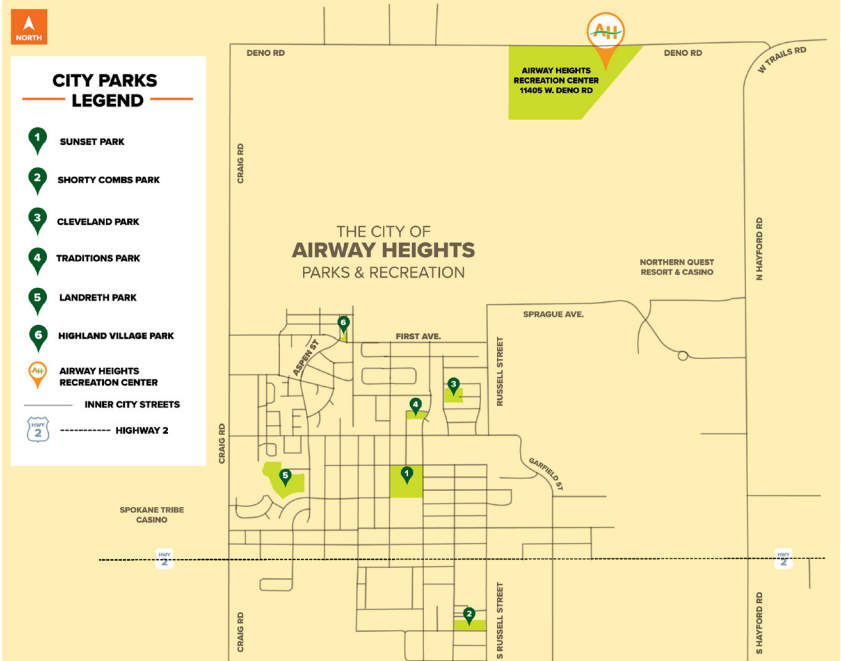
NOTE: Some programs are age specific, have capacity limits, and require registration.



PARKS & TRAILS



SUNSET PARK



PARK AMENITIES

	Acres	Playground	Restrooms	Paved Trail	Ball Field	Basketball	Sand Volleyball	Splash Pad	Shelter	Open Space	Fitness Equip.	BBQ
SUNSET PARK 924 S Lawson St	9	•	•	•	•	•	•	•	•	•	•	•
SHORTY COMBS PARK 12524 W 18th Ave	3	•	•	•	•	•	•	•	•	•	•	•
CLEVELAND PARK 335 S Campbell St	2	•	•	•	•	•	•	•	•	•	•	•
TRADITIONS PARK 12700-12800 W 4th Ave*	1	•	•	•	•	•	•	•	•	•	•	•
LANDRETH PARK 13500 W 10th Ave*	7	•	•	•	•	•	•	•	•	•	•	•
REC COMPLEX 11405 W Deno Rd	10	•	•	•	•	•	•	•	•	•	•	•
HIGHLAND VILLAGE W First Ave & S Venne St.*	1	•	•	•	•	•	•	•	•	•	•	•

* Indicates approximate address location

LOST & FOUND PARK ITEMS
Call Parks Maintenance at (509) 244-4001

SUNSET PARK RENTALS

PARK SHELTER RENTAL (1-6 HOURS):

FEE: \$55-\$220 **DEPOSIT:** \$50-\$100

Shelter #1 - Lawson St Splash Pad

Shelter #2 - 8th St Basketball Court

Shelter #3 - King St Playground

Fees and deposits rates vary based on group size.

VOLLEYBALL COURT DAILY USE:

FEE: \$20.00/day

SMOKER GRILL (WITH PARK RENTAL ONLY):

FEE: \$35/day

BALL FIELD W/ PREP (DRAGGED/RAKED & LINED):

FEE: Monday-Friday: \$40.00

Saturday & Sunday: \$55.00

DEPOSIT: \$50/reservation booking

BALL FIELD NO FIELD PREP:

(OUTSIDE PREP MATERIALS & EQUIP. IS NOT PERMITTED)

FEE: \$11.00/hour

DEPOSIT: \$50.00/reservation booking

BALL FIELD LIGHTS:

FEE: \$25.00/hour (with ball field rental only)

Ball field lights are not available past 9:00pm.

Call (509) 244-4845 for more park rental information and availability.

All payments are due upon receipt of application.



SHELTER #1



SHELTER #2



SHELTER #3

SUNSET PARK splash pad



Memorial Day - Labor Day

DAYS & HOURS:

Tuesday - Sunday | 1:00PM - 7:00PM

*** OFF MONDAYS ***

Exception - Splash will be on Monday of Memorial Day & Labor Day.

COMMUNITY CLEAN UP WASTE TO ENERGY DUMP PASSES

City of Airway Heights and Waste Management will be providing more opportunities this spring, summer and fall for property owners who subscribe to regular collection services to dispose of unwanted junk, trash, home project leftovers, and yard waste this Spring, Summer, and Fall.



2025 AIRWAY HEIGHTS DUMP PASS DAYS

SATURDAY APRIL 12TH - THURSDAY APRIL 24TH

SATURDAY JULY 5TH - MONDAY JULY 14TH

SATURDAY AUGUST 16TH - MONDAY AUGUST 25TH

MONDAY SEPTEMBER 29TH - MONDAY OCTOBER 6TH

Qualifying residents will receive a Post Card Voucher in the mail allowing 2 free trips per pass to:

Spokane Waste to Energy Facility
2900 S Geiger Blvd
Spokane, WA 99224

Voucher must be presented at time of disposal.

Participants must come prepared to:
unload their own items, and observe load size
limits of two standard pickup bed loads.

No trailers or moving trucks.



CITY OF
**AIRWAY
HEIGHTS**



Your home away from home



1 & 2 Bedroom Suites with full kitchens
to enjoy short or long term stays.
Close to Northern Quest Casino.



Stratford SuitesTM

SPOKANE, WASHINGTON

11808 W. Center Ln., Airway Heights, WA 99001
509-321-1600 • stratfordsuites.com

N **FIREWORKS** **ON PUBLIC PROPERTY** **PUBLIC NOTICE:**

Fireworks are not permitted on public property
including **CITY PARKS, PUBLIC FACILITY
PARKING LOTS, LIBRARIES, & SCHOOLS.**



CITY OF
AIRWAY HEIGHTS



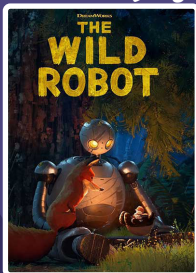
**Airway Heights
Parks & Recreation**



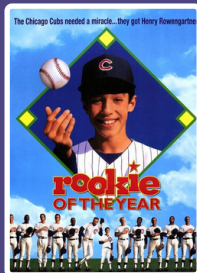
COMMUNITY EVENTS & ACTIVITIES

Summer MOONLIGHT MOVIES

Bring your lawn chairs, blankets, and snacks and enjoy a movie under the summer moonlight.



Sponsor's Pick
June 20th
The Wild Robot



July 11th
Rookie of the Year



Parks & Rec Pick
July 25th
Surf's Up



August 15th
IF

All movies are FREE and begin at dusk at Sunset Park.

Special Thank You to our Summer Moonlight Movies Sponsor

motion

AUTO SUPPLY

Locally Employee Owned

12722 W Sunset Hwy

Airway Heights, WA 99001

(509) 244-6920

Parts, tools, performance, and accessories for trucks and cars foreign and domestic.

STORE HOURS:

Monday-Friday: 7:30am-5:30pm

Saturday: 9:00am-4:00pm

Sunday: Closed



This year marks the 40th anniversary of National Parks & Recreation Month, and we're celebrating with the theme **"Build Together, Play Together."**

When our dedicated staff work hard to provide outstanding programs and spaces for our community to PLAY, and the community shows up day in and day out to support and participate, it is the powerful combination that BUILDS a great community.

TOGETHER, we're creating a stronger, healthier, and more connected community by engaging in activities, being great stewards of our parks, fostering well-being, and supporting inclusive spaces where everyone can thrive and connect.

NRPA'S PARK AND RECREATION MONTH

BUILD TOGETHER  **Play TOGETHER**

CELEBRATING
40 YEARS
OF PARK AND RECREATION MONTH

JOIN US AS WE KICK OFF JULY IS PARKS & REC MONTH
with live music, food, kids activities, games and more!

TUESDAY JULY 1st - 6:00-8:00PM @ The AH Rec Center

Stay tuned during July for more Parks & Rec Month activities!

 @ah_parksandrec  /ahparksandrec #BuildTogetherPlayTogether



BUILD IT - RACE IT - SMASH IT

Join the fun and destruction at the Airway Heights Kiwanis Watermelon Races!

Enjoy the spectacle as Sunset Park is transformed into Watermelon Pit Row, where creativity runs wild and it's smash or be smashed. Build you watermelon racer, and feel the thrill of competing in this fun and spirited family friendly community event.

DATE: Friday August 22nd

TIME: 4:30 Check In

COST: \$10/Residents Race
\$20/ Corporate Cup

LOCATION: Sunset Park



REGISTER NOW

AIRWAY HEIGHTS RV

SALES · PARTS · SERVICE

VOTED TOP 3
RV DEALER!

**THE LITTLE DEALER
WITH THE BIG**

10505 W SUNSET HWY

- **Small family hometown dealership**
- **Lower overhead means lower fees**
- **Zero extra fees**
- **Highest google rated RV dealer in Washington & Idaho**

CONTACT US

(509) 795-2233

AIRWAYRV1@GMAIL.COM

MON-SAT: 9AM - 6PM (Closed Sundays)

AIRWAYHEIGHTSRV.COM

AIRWAY HEIGHTS KIWANIS CLUB



SERVICE IN ACTION

The Airway Heights Kiwanis Club and it's volunteer members are dedicated to improving the lives of children and families by supporting community activities that inspire connection, service, and growth.

For more club information or to attend the next meeting email: airwayheightskiwanis@gmail.com

AIRWAY HEIGHTS RV PROUDLY PRESENTS

AIRWAY HEIGHTS DAYS

AUGUST 23RD' 2025

SUNSET PARK - 10AM to 4PM

LOCAL FOOD & CRAFT VENDORS,
KIDS ZONE: INFLATABLES, GAMES, & PETTING ZOO,
CORNHOLE TOURNAMENT, BEER GARDEN & MORE!

FRIDAY NIGHT FESTIVITIES

AIRWAY HEIGHTS
KIWANIS CLUB
Watermelon Races - 5PM

DARLA'S SCHOOL
OF DANCE
Summer Performance - 7PM

PHAROAH'S CAR CLUB SHOW & SHINE

All Makes & Models - CARS & TRUCKS

Registration: 8:00-9:45AM Show: 10:00AM-4:00PM

LIVE MUSIC

Atomic Jive 10:00am

Eternal Jones 12:00pm

Tamarack Ridge Band 2:00PM



SCAN
HERE

for more event info including FULL SCHEDULE OF EVENTS
vendor application, sponsorship opportunities, and
activity registration, or visit airwayheightsdays.org

*** FOOD VENDORS NEEDED! ***

THANK YOU
TO OUR EVENT
SPONSORS.....



BILLIE'S
DINER

WEST PLAINS, WA



NORTHWEST

MAG | McCONKEY AUCTION GROUP

SKYVIEW HEIGHTS
APARTMENTS

CHAS HEALTH

AND THANKS TO OUR
COMMUNITY PARTNERS

AIRWAY HEIGHTS
KIWANIS CLUB

CARES
CITIZENS ASSOCIATED FOR RECREATION EDUCATION & SOCIAL EQUITY

