



6v6 Coed Volleyball Rules

The game will be played under the National Federation of State High School Association Volleyball Rules with the following modifications.

TEAMS/PLAYERS

1. Completed rosters consisting of a minimum of 6 players and no more than 10 must be turned in with all league fees prior to the designated deadline. Any team not paid in full by the Friday before the 2nd game will forfeit all games until paid in full.
2. Team captains may make changes to the team rosters no later than the Friday before game day. However, roster additions will only be allowed until the third week of play.
3. Teams will consist of 6 players on the court. Teams may start with as few as four players. If for any reason during your game your team consists of less than four players the game will then be forfeited.
4. There may only be one more male than females on the court at all times.
5. All team members must be over the age of 18 and have signed the participation waiver.
6. Players who are currently serving a suspension in any sports league are prohibited from participating in the West Plains City League Adult Sports.
7. All teams are limited to two players who have played colligate level volleyball within the last three years. Teams in violation will forfeit all games played that limit was exceeded.
8. League is governed by the Airway Heights and Cheney Parks and Recreation Departments. It is up to captains/players to know what is contained in the Captains Handbook including the Code of Conduct. The adult sports code of conduct will be strictly enforced.

GAME RULES

1. Volleyball matches will consist of the best three (3) out of five (5) games. Teams swap sides after each game.
2. Game time is forfeit time. A team has the option to play the second and third game if they arrive within 10 minutes after the first scheduled game. They will have already lost the first game.
3. Games consist of rally scoring to 25 points or 15 minutes whichever comes first. Fifth game will be played to fifteen.
4. Net height will be as close to 7' 9" as possible.
5. The serve may be executed anywhere behind the back line.
6. A team must win by two (2) points, except in the 5th game it will be first to 15 points.
7. One (1) time-out, thirty (30) seconds in length per team per game.

8. Games will be self officiated. It is the responsibility of each team to provide an opposing corner line judge, to watch for in, out, net, foot fault, and illegal hits. LINES ARE IN.
9. A player may not block a serve under any circumstances. Blocking is allowed at any other time.
10. It is legal to set a serve as long as it is not a carry or lift and does not go directly back over the net.
11. No back row players may spike the ball from within the 10 foot line.
12. The service and rotation orders must alternate male/female.
13. A substitute may not come back out of the game until they have had the opportunity to serve.
14. The ball is considered dead if it comes in contact with the net standards, the line judge, or any object located out of bounds. The result will be a side out.
15. No player should come in contact with the net, or cross the centerline under the net while the ball is in play.
16. The ball may be played off any part of the body on any hard driven ball, as long as it is not a carry.
17. The ball may touch the net on or within the sidelines, and may be played from it, including a serve.
18. If the ball hits the ceiling on the opposite side on the way over it is dead and turned over to the other team. If the ball hits the ceiling on the same side it is playable. If the ball hits any obstruction such as down basketball hoops, the ball is dead and replayed.

GENERAL INFORMATION

1. Match wins / losses will be collected by the Court Monitor. Court Monitors are not required to keep score or clock but may do so if they wish.
2. Each team is to provide a game ball.
3. If there are 8 or more teams in the league, all teams will have the opportunity to play in a double elimination tournament at the end of regular season play according to their win/loss record.
4. All players must wear tennis shoes or similar footwear.
5. Any player that is bleeding must leave the game immediately. The bleeding must be stopped and the wound securely covered with a bandage before that player can continue. Players cannot return to play with blood on uniform.
6. Home team will serve the first game (listed second on the schedule), and then teams will alternate the service thereafter.
7. West Plains City League Adult Sports uses Cheney School District facilities with their permission on their terms and must follow their guidelines.
NO OUTSIDE FOOD OR DRINK IS PERMITTED IN THE GYMNASIUMS. WATER IS ACCEPTABLE.
Behavior outside of those regulations jeopardizes future use.
8. **All Children must be accompanied and supervised by an adult at all times, and must remain in the bleachers and off the court.**
9. **Captains are responsible for player conduct and rules written in the Captains Handbook.**